

## Drink

*by AmyLeo Barankovich*

Drink from the water that flows 'neath  
your feet  
Drink from the blazing sun  
Drink from the air that you breathe  
every moment  
And drink from the holy one

## Refrain from the song By Breath

*By Sara Thomsen*

By breath, by blood, by body, by  
spirit, we are all one.

## I Am Not Going Alone

*by the Peace Poets*

I am not going alone  
I carry my people in my bones  
I am not going alone  
And if you listen you can hear them in  
my soul

## This Pretty Planet

*by John Forster & Tom Chapin*

This pretty planet  
Spinning through space  
Our garden, our harbor, our holy  
place  
Golden sun going down  
Gentle blue giant spin us around  
All through the night  
Safe 'til the morning light

## For the Children

*Music by Laurence Cole & words by Gary Sanders*

Stay together  
Learn the flowers  
Go light

## Sisters May You Never Hunger

*Folk song of unknown origins*

Sisters may you never hunger  
Brothers may you never thirst  
May your deepest needs be met  
By the love of friends here gathered  
And the richness of the earth

## Promise (Near and Deep)

*By Barbara McAfee*

I am as near and deep in you  
As the air you breath  
Fill yourself up with my refreshment  
Take all the air you need

I am as near and deep in you  
As the blood in your veins  
I bring new life with every heart-beat  
Life that will remain

I am as near and deep in you  
As you will allow  
I have been here since time's  
beginning  
And I am with you now



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