

# The Boundless Love Project's Beloved Community Pledge\*

To help peacefully create a global beloved community where all life thrives, I pledge to:

- 1. TRUST and OBEY my conscience as the highest authority.**
- 2. MEDITATE daily for the benefit and welfare of all people, all beings, and all life forms.**
- 3. CONTEMPLATE, STUDY, and LEARN the ways of love on a daily basis.**
- 4. RECOGNIZE the inherent worth and value of all life and TREAT both friend and foe with courtesy, dignity, and respect.**
- 5. WALK and TALK in the manner of love, for love is our most authentic and fundamental nature.**
- 6. REMEMBER always that as we peacefully create the global beloved community, we seek peace and reconciliation, not dominance and retribution.**
- 7. REFRAIN from the violence of mind, heart, tongue, and fist.**
- 8. SACRIFICE personal wants and desires for the benefit and welfare of all life.**
- 9. SEEK to lovingly perform regular acts of service for others.**
- 10. ENDEAVOR to maintain good mental, emotional, and bodily health.**

I recognize that adopting these worthy commitments is a journey and not a destination. Thus, whenever I break these commitments, I will FORGIVE myself, RECOMMIT to them, and PERSIST in following them for as long as it takes to embody them fully and create the global beloved community within myself and the world around me.

Having seriously considered this decision, I sign this pledge with the DETERMINATION to PERSEVERE.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\* In honor of the courageous members of the civil rights movement and their worthy aims, this pledge is modeled on the Commitment Card that appears in Martin Luther King, Jr.'s book *Why We Can't Wait*.



**Boundless Love Project**  
Peacefully creating a global  
beloved community where all life thrives  
**BoundlessLoveProject.org**